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| --- | --- | --- | --- | --- | --- |
| CRITERIA | 5 POINTS | 4 POINTS | 3 POINTS | 2 POINTS | 1 POINT |
| Definition included | Class definition is fully detailed. | Class definition is given in good detail. | Class definition is somewhat detailed or alternate definition given. | Class definition is vague or unclear. | Definition unsatisfactory. |
| I understand what the definition looks like to the student | It is very clear what physical fitness looks like to the individual student. | It is clear what physical fitness looks like to the individual student. | It is somewhat clear what physical fitness looks like to the individual student. | It is vague or unclear what physical fitness looks like to the individual student. | It is unclear what physical fitness looks like to the individual student. |
| Pictures and graphics relate directly to the definition | Pictures and graphics relate directly to and compliment the definition | Pictures and graphics relate well to and compliment the definition | Pictures and graphics relate somewhat to the definition | Pictures and graphics rarely to the definition | It is difficult to relate pictures and graphics to the definition |

Comments: